

# Senior Class of 2024

January 2024



## IMPORTANT DATES:

- Jan. 4<sup>th</sup>: 1<sup>st</sup> Day of the Spring Semester
- Jan. 13<sup>th</sup>: Margaret Van Horn Scholarship due
- Jan. 19<sup>th</sup>: JCI and APIA Scholarships due
- Jan. 20<sup>th</sup>: Earl Bane Micro-Scholarship due
- Jan. 25<sup>th</sup>: Kenneth Rearwin and Centriq Training Scholarships due
- Jan. 31<sup>st</sup>: Kansas Contractors and LIFT Scholarships due
- Feb. 1<sup>st</sup>: Optimist International, Rural Voices Youth Contest, and Delta Theta Chi Sorority Scholarships due

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## January's Theme: Self-Control

January's focus for the Senior Class is Self-control. Self-control is the ability to control oneself, one's emotions, and one's behavior (especially in difficult situations).

For the Salina Central High School Senior class, self-control helps us focus on the semester at hand. It allows us the ability to work through difficult school work, it helps us make healthy choices, and it controls our emotions and responses in difficult social situations. All of these things are important as we grow and mature during the last semester of our high school year!

Dr. P

Please Check out the Scholarship Listserve for updated Scholarships:  
<https://docs.google.com/document/d/13p5kVi-d6uV7G06ImkuTYmTTiZguHodppL5Gs3xFBio/edit?usp=sharing>

Central's counseling theme for January:  
**Self-Control**

## 3 Important Items for Seniors in January:

1. Check the Scholarship listserv and start working on scholarships:  
<https://docs.google.com/document/d/13p5kVi-d6uV7G06ImkuTYmTTiZguHodppL5Gs3xFBio/edit?usp=sharing>
2. Collect References/ Transcripts for college and scholarships (Talk to Dr. P if you need help)
3. Start off your last semester of school well!